

HOW WILL I KNOW WHAT TO DO AT TRYOUTS?

Folsom Jr. Bulldogs offer a cheer clinic where a tryout cheer and dance are taught. Even if you've never cheered before, we'll teach you what you need to know. While tumbling is important, it is less than 10 percent of the total points - many girls make the squad who do not tumble.

WHAT DOES CHEER COST?

The following applies primarily to new girls that buy a new uniform - returning cheerleaders may have some uniform items already, which reduces costs and used uniforms are usually available for new cheerleaders as well. However registration/camps/camp pack and practice wear costs apply to everyone.

Folsom Jr. Bulldogs Squad	Registration (includes 2 competitions, insurance, trophy, banquet dinner, field/school cost, coaches equip/cert, supplies, music)	Camps (3 stunt and 2-day camps) Midgets go to an additional 4 day overnight camp *	Uniform (skirt/liner/vest), briefs, socks, shoes, game & comp bows warm-up pants/jacket, cheer backpack, camp pack(water bottle/little backpack), pom poms and 2 Practice outfits, and a Friday Jersey.
Mascots	\$225	\$50-\$75	\$680-\$705
Mighty Mites	\$225	\$100-\$125	\$680-\$705
JPW-PW-JM	\$225	\$140-\$160	\$680-\$705
Midgets	\$225	\$515-\$550*	\$695-\$795

- We will attend 5-6 mandatory camps/stunt clinics during the season depending on your squad
- Gently used uniforms may be available in your size. **All uniform pieces must be bought through the Jr. Bulldog Organization for quality control.**
- Payments are made over a 4 month period and fundraising will be available before the season.
- These Dates are subject to change as the season gets closer, schedules are confirmed, please check back often.
- Practice dates run 4 days a week until school starts and then drops to 3 days a week for the rest of the season. Regular Season runs from July- Nov. Competition Cheer season continues to March

WHEN CAN I GO ON VACATION?

The following is a preliminary list of **MANDATORY** dates you cannot miss. Cheerleading has become so competitive that a huge commitment must be made from the start and remains consistent throughout the season. There may be a few camps being planned during the summer and individual teams may plan bonding activities like a swim party during the summer. **2 mandatory stunt camps will be added to the list when dates are confirmed, so we ask that you take your vacations before our season start.**

April 16 th -19 th	Mandatory Clinic if you want to try out for the teams
April 21 st	Try outs
April 25 th	Uniform Fittings for all girls @ FMS
July 3 rd	Midget Stunt Camp @ FMS
July 5 th -8 th	Elite Midget Overnight Camp @ UC Davis
July 14 th -15 th	2 day Day Camp @ Folsom Middle (Sat Mascots & MM 9-12pm, JPW-M 9-3pm/Sun Mascots & MM 1-4pm, JPW-M 9-4pm)
July 30 th	Beginning of our season practice...is 4 days a week until school starts
Aug 11 th & 12 th	Car Wash @ FMS
Aug 18 th -19 th	Jamboree, Pictures/Opening Day
Aug 25-Nov 3	Game 1-9
Oct 27 th	SFC Cheer Competition
Nov 4 th	2 nd Cheer Competition
Nov 10 th	Playoffs
Nov 17 th	SFC Football Championships
TBA	Cheer banquets

Remember: No more than three unexcused absences are allowed in a season - excused absences are school field trips, documented illness, religious training or worship and you are limited to 3 excused.

*******FOLSOM JR.BULLDOGS PROGRAM HAS NO BOUNDARIES WITHIN THE CITY OF FOLSOM. ANY CHILD who lives within the city of Folsom, regardless of which high school they plan on attending is eligible to try out for cheer and gets priority placement over non residents.**