



2018 Folsom Jr. Bulldogs Cheer Instructor Application

Please email application to Secretary@Folsomjrbulldogs.com by February 16th 2018

Information:

First & Last Name: _____

Address: _____

Phone-Home: _____ Cell: _____

Email: _____

CHEER/INSTRUCTING EXPERIENCE- LIST MOST CURRENT FIRST

WHY DO YOU WANT TO INSTRUCT?

Do you have any commitments that might interfere with your ability to instruct a squad?

Please explain:

Division of Interest: (1st and 2nd choice of interest)

Mighty Mite _____ Jr. Pee Wee _____ Pee Wee _____ Jr. Midget _____ Midget _____



FYFC Cheer Instructor Expectations & Responsibilities

RESPONSIBILITIES

- * Prepare a cheer and dance for Tryouts.
- * Attend clinic prior to tryouts to teach the routine
- * Attend tryout day to help and support girls trying out.
- * Teach your squad sideline cheers, line dances.
- * Teach your squad a hello cheer and halftime routine.
- * Create a competition routine and teach it.
- * Work with the coaching staff to make sure the girls have the best Possible experience and that everyone is given the respect they deserve.
- * Instructors primary goal is to ensure that each member of the squad is in a comfortable and fun learning environment while teaching the basic fundamentals of cheer.

TIME

- * Sat or Sunday meetings to get ready for the season TBD
- * Monday-Thursday attendance during clinic, 5-7:30pm.
- * Saturday attendance on tryout day, starting 30 minutes prior to your Squad tryout time
- * July-Nov practice 3-4 nights per week.
- * Saturday games, starting in Mid-August and continuing through Playoffs/championships.
- * Attendance at squad activities (sleepover, parties)
- * We allow you to Miss Jr. Cheer for school events, but expect you to be at all other practices, games, competitions, etc. If you have a part time job, it cannot interfere with our program.

ATTITUDE

We want instructors with great attitudes, patience and a willingness to commit hours of dedication to our squads. FYFC is a member of the SAC and is bound by guidelines established by the SAC, in addition to the FYFC by-laws, handbook and code of conduct.

ATTIRE

You must wear cheer shoes, stretchy shorts, tank tops or t-shirts at practice; Hair in a pony at all times at games & practices, game day attire, which will be provided by FYFC, at games and competition. Folsom High or Midget Cheer warm ups at games.

The **INSTRUCTOR** shall be aware that FYFC is a member of the Sierra Athletic Conference and is bound by guidelines established by the SAC, in addition to the FYFC By-Laws, Handbook and Code of Conduct. The **INSTRUCTOR** must constantly strive to set an example of the highest moral and ethical conduct. This includes never “playing favorites” in practice or in games and being as fair as possible in assigning positions and playing time.

The **INSTRUCTOR** must work with the coaching staff, and follow their directions, to make sure the players/cheerleaders have the best possible experience.

The **INSTRUCTOR** shall be fully prepared for every practice and game. If a scheduling conflict arises, instructors should let their coaches know as soon as possible.

The **INSTRUCTOR** will encourage respect and support for officials.

I have read the Expectations & Responsibilities of the Folsom Jr. Bulldog Cheer Coach. By initialing each line, I agree to follow, commit & fulfill to the best of my ability.

(Any concerns, questions I have with Cheer I will discuss with the VP of Cheer)

_____ Date _____

Signature

Email to the application by February 16th 2018 to be considered for an Instructor position.

Secretary@folsomjrbulldogs.com

